



Institute for Complementary and Integrative Medicine

6th International Symposium

Acupuncture Update: Mechanisms and Clinical Evidence

Thursday, 18. October 2018

10.00 – 17.30 h

Nord 1 C307

UniversityHospital Zurich



UniversityHospital
Zurich



University of
Zurich^{UZH}

Welcome

Dear colleagues and friends,

It is our great pleasure to invite you to our 6th International Scientific Symposium at the Institute for Complementary and Integrative Medicine.

This year's symposium will focus on acupuncture research. Acupuncture treatment is widely available in Switzerland and depending on the type of provider treatments can be reimbursed within the basic insurance or additional insurances. Evidence plays a key role, when it comes to integration of complementary medicine treatments into usual medical care.

At this year's Symposium "Acupuncture Update: Mechanisms and Clinical Evidence" international renowned experts from the United States, United Kingdom, Germany and Switzerland will provide an update on recent research results on mechanisms and clinical evidence of acupuncture.

We very much look forward seeing you!

A handwritten signature in dark ink, appearing to read 'Claudia Witt', with a stylized flourish at the end.

Claudia Witt, MD, MBA
Director

Program

- 10.00 h Opening remarks**
Stefan Willich, MD, MPH, MBA, Germany
- Integration**
- 10.10 h Acupuncture in Switzerland: A health service perspective**
Jürgen Barth, PhD, Switzerland
- 10.35 h Acupuncture services into conventional academic and military centers in the US**
Remy Coeytaux, MD, PhD, USA
- 11.00 h Beyond efficacy: conducting and translating research for policy-makers considering acupuncture reimbursement in a small, rural US state**
Robert Davis, MS, USA
- 11.25 h Cost-effectiveness of acupuncture**
Claudia Witt, MD, MBA, Switzerland
- 11.50 h Lunch break**
- Basic research**
- 13.15 h Role of neuroimaging to assess acupuncture-induced neuroplasticity in pain relief**
Vitaly Napadow, PhD, LAc, USA
- 13.40 h The impact of acupuncture and related techniques on the autonomic nervous system**
Johannes Fleckenstein, MD, Switzerland
- Pain, Allergic rhinitis**
- 14.05 h Acupuncture for chronic pain – update of a patient level data meta-analysis**
Klaus Linde, MD, Germany
- 14.30 h Acupuncture for allergic rhinitis**
Benno Brinkhaus, MD, Germany
- 14.55 h Coffee break**

Program

Cancer, Multiple sclerosis, Depression and Gulf war illness

- 15.25 h Acupuncture in cancer care**
Jun J. Mao, MD, MSCE, USA
- 15.50 h Self-acupressure for cancer related fatigue**
Richard Harris, PhD, USA
- 16.15 h Acupuncture for fatigue in multiple sclerosis patients**
Daniel Pach, MD, Germany
- 16.40 h Acupuncture for depression**
Hugh MacPherson, MD, UK
- 17.05 h Acupuncture in the management of symptoms of
gulf war illness among veterans**
Rosa Schnyer, DAOM, IFMCP, LAc, USA
- 17.30 h Closing remarks**
Claudia Witt, MD, MBA, Switzerland

Speakers

Jürgen Barth, PhD

Research Director
Institute for Complementary and
Integrative Medicine
University Hospital Zurich, Switzerland

Benno Brinkhaus, MD

Professor for Medicine and Naturopathy
Institute for Social Medicine,
Epidemiology and Health Economics
Charité – Universitätsmedizin Berlin,
Germany

Remy R. Coeytaux, MD, PhD

Caryl J Guth, MD Chair in Integrative
Medicine Professor
Family and Community Medicine Director
Center for Integrative Medicine Wake
Forest School of Medicine, Winston-
Salem, USA

Robert Davis, MS, LAc

Clinician, Acupuncturist
Acupuncture Vermont Oriental Medical
Clinic, South Burlington, USA
University of Vermont Medical Center, USA

Johannes Fleckenstein, MD

Interim Professor of Sports Medicine,
Justus-Liebig-University Gießen,
Department of Sports Medicine and
Exercise Physiology, Germany

Richard Harris, PhD

Associate Professor
Department of Anaesthesiology
Department of Internal Medicine
Division of Rheumatology
University of Michigan, Ann Arbor, USA

Klaus Linde, MD

Associate Professor of Epidemiology
Institute of General Practice
Technical University of Munich, Germany

Hugh MacPherson, MD

Professor of Acupuncture Research
Department of Health Sciences
University of York, UK

Jun J. Mao, MD, MSCE

Laurance S. Rockefeller Chair in
Integrative Medicine
Chief, Integrative Medicine Service
Memorial Sloan Kettering Cancer Center,
New York, USA

Vitaly Napadow, PhD, LAc

Director, Center for Integrative Pain
Neuroimaging (CiPNI)
Associate Professor, Martinos Center
for Biomedical Imaging
Massachusetts General Hospital,
Harvard Medical School, Charlestown, USA

Daniel Pach, MD

Researcher
Institute for Social Medicine, Epidemiology
and Health Economics
Charité – Universitätsmedizin Berlin, Germany

Rosa N Schnyer, DAOM, IFMCP, LAc

Clinical Assistant Professor
School of Nursing, Austin, USA

Stefan Willich, MD, MPH, MBA

Professor of Medicine
Director Institute for Social Medicine, Epidemiology
and Health Economics
Charité – Universitätsmedizin Berlin, Germany

Claudia Witt, MD, MBA

Professor of Medicine
Director Institute for Complementary
and Integrative Medicine
University Hospital Zurich, Switzerland

Information

When

Thursday, 18.10.2018
10.00–17.30 h

Registration and Contact

Institute for Complementary and
Integrative Medicine
Christine Lakits
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Scientific Organization

UniversityHospital Zurich
Institute for Complementary and
Integrative Medicine

Costs

The participation is free of charge

Credits

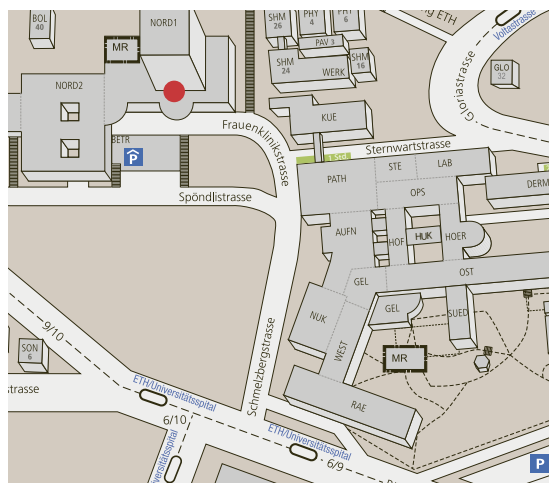
Participants will receive
6 ASA Credits. Members of the
TCM Association Switzerland
receive a certificate for 6 h.

Location

UniversityHospital Zurich
Nord 1 C307
Frauenklinikstrasse 10
8091 Zürich

How to get there

Trams 6, 9, 10 until
ETH/Universitätsspital



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Akupunktur und Chinesische Medizin